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The Head, Heart and Hands

FOR RELIGION

23-30 April 2025



Erasmus+ Youth Exchange



















What's this all about?



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Groups traveled from different countries to St. Kanzian in Austria for a religious Erasmus+ project, bringing together diverse cultures and backgrounds. This experience is more than just a gathering; it's a chance to learn about equality and understand the importance of treating everyone with respect, no matter where we come from. By sharing our stories and traditions, we create a space where everyone feels valued and included. Learning about equality here helps us grow not only in our faith but also as individuals who appreciate and embrace diversity in our communities.



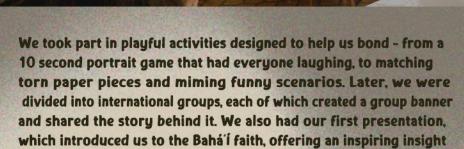


Thursday Day 1



Today marked the exciting start of our Erasmus+ journey in Carinthia, Austria, where participants from different countries came together to explore religion through learning, creativity, and connection. The first day was all about breaking the ice and setting a warm, inclusive tone for the week ahead.





into its values and worldview. After a short break, we walked around the neighborhood while one group prepared a surprise birthday party for our two friends - Matija and Matija.









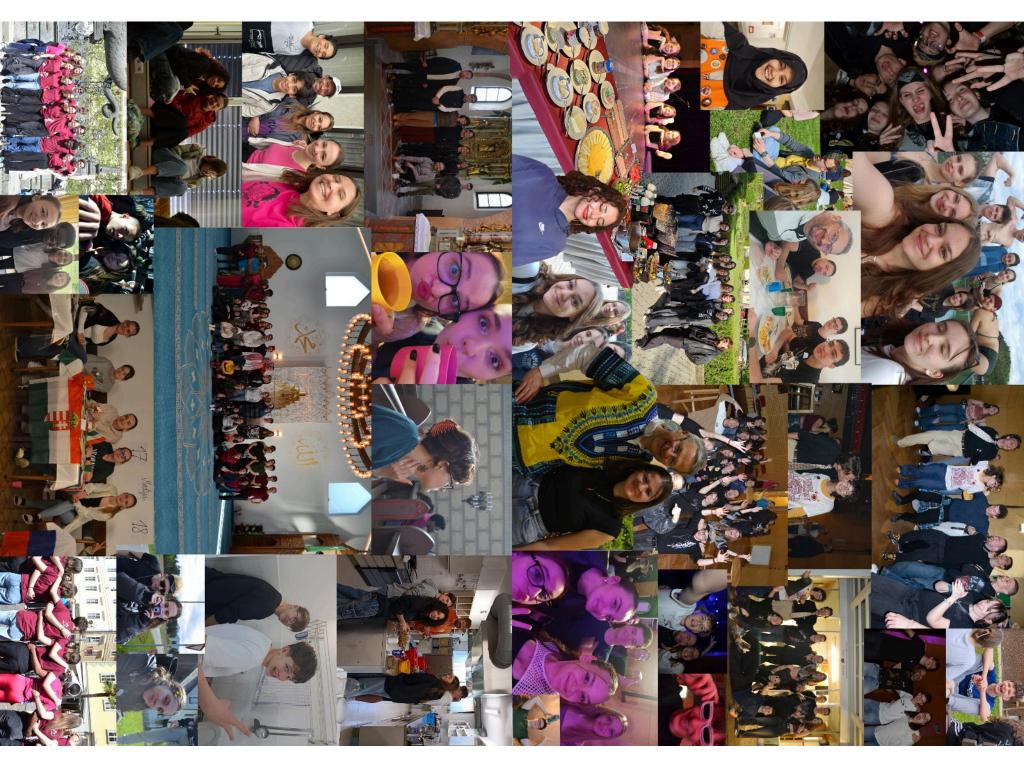


Day 2 Friday

Yesterday started with an energizer led by the Hungarian group, setting a lively tone for the day. We then attended workshops focused on the representation of (slam and after that Mile shared his work helping people in need. Later, we practiced a dance for the upcoming flash mob, followed by 20 minutes of MY T(ME.

We finished the day with a concert in Pliberk/Bleiburg enjoying performances by the groups Ladja and Popwal.





Dan 3 Saturday

Today we began early in the morning, gathering at 8:00 AM in the front garden for the daily energizer, which was organized by the delegation from Slovenia.

The day officially started with an informative session on Sikhism. Following a short break, we continued with a presentation on the Orthodox Catholic Church. This included a visit to a local church, a brief walkaround the area, and then lunch. After our meal and some rest time, the afternoon session began with learning a song in German.











This was followed by a moving personal story shared by a refugee from Iran. We then met in our international groups to reflect on the day's experiences and share insights. This was followed by our daily "My Time" session, a moment we all look forward for personal reflection and connection.

In the evening, we prepared for the "Cultural Bazaar," one of the most anticipated activities. Each country represented at the camp showcased traditional foods from their region and gave a short cultural presentation. Participants had the opportunity to taste a wide variety of food, and the evening was filled with dancing, singing, and lots of laughter.

To close the day, we had some free time after dinner. At 10:00 PM, those interested gathered to watch a football match on television, which was thoroughly enjoyed by all.













Dan 4 Sunday

We started our day earlier than usual, waking up at 7 AM for the Serbian energizer. After that, we visited the Catholic church near Hanzej's house. We returned to the hotel walking, enjoying nature and speaking with each other, after a good lunch, some of the participants went swimming in the cold lake while others took this time to rest a little bit. Later, we participated in the "Hard Topics" session to prepare for debates and to get to know each other better while discussing from a respectful point of view. Then we did "My Time" by the lake to relax. After that, we began preparing songs for our performance in Klagenfurt. In the evening, we wrapped up the day with a national gathering with our group dinner and bed time.





Day 5 Monday

Today began with a fun energizer from Hungary, where we danced to the Duck Song. After a hearty breakfast, we took a bus to Klagenfurt and visited a Slovenian gymnasium for a workshop with the Jewish community, followed by a Flashmob dance rehearsal.

We then walked through the city center and came together to perform the flash mob - dancing, singing and







praying for peace and unity among all religions.

Afterward, we had lunch and enjoyed some free time in the city.

In the afternoon, we visited a Protestant church to learn about the differences from the Catholic Church, then continued to a local mosque, where we learned about Muslim prayers, customs, and traditions. We returned to the hotel for a powerful dinner and ended the day with a lively talent show.



Day 6&7 Tuesday...



Today was the last day of our Erasmus project. We visited a beautiful Buddhist temple where we had the chance to meditate and reflect on everything we've experienced during these days. After that, the chefs prepared a delicious barbecue for us, and we all enjoyed our last meal together. We shared hugs, said our goodbyes and promised to meet again someday. Then, one by one, each group slowly began their journey back home, carrying unforgettable memories with them.

